



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	Kendale Elementary 2641
Principal:	Aryam A. Alvarez
Phone Number:	(305) 274-2735
School Wellness/Healthy School Team Leader:	Jeannette A. Martinez
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Students: Jose Linares, Liam Gonzalez, Anabella Cartaya, Mateo Abreu School Admin: Jeannette A. Martinez School Food Service Manager: Ines Roche Parents: Johanna Linares, Jessica Gonzalez, Christina Cartaya School health professionals: Teresa Zubizarreta Physical education teacher: Carolina Oliveira School Volunteer: Vanessa Abreu
Committee Meeting Dates:	09/13/2023 (Faculty Meeting), 10/11/2023 (Faculty Meeting), 11/08/2023 (Faculty Meeting), 12/06/2023 (Faculty Meeting), 01/18/2024 (EESAC), 02/15/2024 (EESAC), 03/07/2024 (EESAC), 04/25/2024 (EESAC)
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition: <ul style="list-style-type: none"> Encourage the adoption of nutritious breakfast choices and positive eating practices, particularly as testing time draws near. Deliver daily wholesome meals and snacks to students, faculty, and staff via the cafeteria.

	<p>Physical Education:</p> <ul style="list-style-type: none"> • Fitnessgram Testing <p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> • Implementation of Food Forest Garden • Increase awareness of the nutritional benefits of the school garden by amplifying its presence on our social media platforms.
<p>Sustainability Practices:</p>	<ul style="list-style-type: none"> • Disseminating environmental advocacy and educational materials throughout the school. • Involve students in recycling challenges through Eco Tigers after school club. • Promoting the use of reusable items, such as water bottles. • Integrating plant awareness and sustainability education into school garden.
<p>Community Engagement:</p>	<ul style="list-style-type: none"> • School Food Service Manager to select fruit or vegetables to highlight during meetings. • Classroom sharing of harvested school garden produce and discussed during science. • Increase business partnerships in the local area to host a Health Fair on school campus.
<p>Monitoring and Evaluation:</p>	<ul style="list-style-type: none"> • Committee Meeting sign-in sheets • Designated teacher responsible for monitoring and distributing harvested school garden produce. • Start the EESAC and social media advertisements earlier in the following school year. • Have more organized meeting agendas and set times for the following year. • Advertise more to increase future volunteers as we begin to project next school year.
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<ul style="list-style-type: none"> • Afterschool activities: Food Forest Garden and Eco Tigers • Quarterly Family Health and Literacy informationals.